

B.A Semester - 2 (NEP-2020) Examination**MARCH/APRIL-2026****ENG: Life Skills and Personality Development -2 (Skill Enhancement Course)****Time: 1:00 Hours****Marks:25****Instructions:**

1. All questions are compulsory.
2. Figures to the right indicate marks.

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- Que.1 (A) Answer the following questions in brief. (Any Five) (05)
- 1) Explain the meaning of interpersonal skills.
 - 2) State the reasons for developing interpersonal skills.
 - 3) What is empathy?
 - 4) Name any two components of interpersonal skills.
 - 5) What is the role of communication in acquiring interpersonal skills?
 - 6) How are interpersonal skills different from intrapersonal skills?
 - 7) What should we do to appreciate diversity?
- Que.1 (B) Answer the following questions in brief. (Any Five) (05)
- 1) What is teamwork?
 - 2) What are the basic types of teams in an organisation?
 - 3) Explain a self-managed team.
 - 4) Name the four stages of Bruce Tuckman's model of team formation.
 - 5) What happens in the forming stage of team development?
 - 6) What is meant by pooling competencies?
 - 7) What are the traits of successful teamwork?
- Que.2 (A) Answer the following questions in brief. (Any Five) (05)
- 1) Explain the meaning of a positive attitude.
 - 2) What are the advantages of having a positive attitude?
 - 3) Mention any three causes of a negative attitude.
 - 4) How did Kapil Dev instil a positive attitude in his team during the 1983 World Cup?
 - 5) Name any four strategies to develop a positive attitude.
 - 6) How does visualisation help in developing a positive attitude?
 - 7) What is meant by auto-suggestion? Give one example.
- Que.2 (B) Answer the following questions in brief. (Any Five) (05)
- 1) Explain the concept of leadership briefly.
 - 2) Mention any four traits of a successful leader.
 - 3) Name any four skills required to become an effective leader.
 - 4) What does it mean to provide structure as a leader?
 - 5) Why must a leader be accountable?
 - 6) What is SWOT analysis, and why is it important for a leader?
 - 7) How did Malala Yousafzai show leadership qualities?
- Que.3 Choose the correct option for the following questions. (05)
- 1) One key to successful communication is:

(A) Speaking loudly	(B) Active listening
(C) Giving orders	(D) Ignoring others
 - 2) A virtual team works:

(A) Only in offices	(B) Without a leader
(C) Through the internet from different locations	(D) Only temporarily
 - 3) Visualisation means:

(A) Ignoring problems	(B) Thinking only about the past
(C) Imagining a positive future	(D) Complaining about life
 - 4) A good leader should:

(A) Take credit alone	(B) Avoid criticism
(C) Give credit and accept criticism	(D) Ignore team members
 - 5) Leadership is the ability to:

(A) Work alone	(B) Control others forcefully
(C) Avoid responsibility	(D) Lead and motivate a group towards a goal
